

The Estrogen Dominance factor.



SUDBURY HOMEOPATHIC CLINIC



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For both men and women estrogen is a needed hormone in the body. But when Estrogen levels increase outside of normal values it can heavily impact our health and quality of life. For women our ovaries

are what produce most of our body's estrogen levels. In men however, due to the lack of that female organ, their bodies are designed to synthesize estrogen using an enzyme called Aromatase. This enzyme

takes testosterone in the body and synthesizes estrogen from it. As men age the amount of the Aromatase enzyme found in the body increases and for men this can wreak havoc on the body and their day to day life. When the large amount of aromatase starts taking their testosterone and converting it into estrogen it can produce low energy, lower motivation and drive, lower muscle tone, increase in male breasts, more melancholy and sadness tendencies, increases in abdominal fat and also affect

and Her Energy products which have turned people's life around. For men they notice significant benefits, not just because it balances all the hormones to their natural levels but very much with their overall moods and outlook on life. Along with the mental benefits they will also notice the reduction of breast and belly fat, their muscle tone improving and their overall sense of feeling like a man returning. For women Her Energy helps promotes estrogen metabolism while maintaining a healthy

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HER ENERGY

- Promotes Healthy Estrogen Balance



MALE ENERGY

- Enhances Libido
- Increases Testosterone
- Reduces Abdominal Fat
- Reduces Harmful Estrogens

the stamina and endurance of their manhood just to name a few. In women estrogen dominance can be equally as devastating as it affects their mood and irritability, unstable emotions, increase in breast size, increase in abdominal fat, and also making them incredibly more susceptible to hormone fed cancers such as breast cancer, ovarian cancer and endometrial cancer.

If you have been checking off all of the appropriate symptoms you have in common in your head, not to worry. With much success we have long been using Brad King's Male Energy

and normal estrogen balance. Women notice an increase in energy, more stabilized moods, better fat metabolism, and better sleep.

Whether you're male or female past the age of 35 don't let Estrogen Dominance take hold and dominate your life. The ingredients found in both the Male Energy as well as the Her Energy are sure to erase the estrogen dominance factor but also support good optimal health with powerful antioxidants added to the formulas. Remember, balanced hormones equals balanced life.

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Hours

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Sunday 11:00 am - 6:00 pm

